

Health Kits for Haiti

If you can prepare a kit, or several, and bring to our meeting, this is what is required, placed inside a sealed one-gallon zip-lock plastic bag:

- ~ 1 hand towel (15" x 25" up to 17" x 27") NO KITCHEN TOWELS
- ~ 1 washcloth
- ~ 1 comb (sturdy and large, not pocket-sized)
- ~ 1 nail file (no emery boards or nail clippers)
- ~ 1 bath-sized bar of soap (3 oz. and up)
- ~ 1 toothbrush (**adult** size, in original wrapper)
- ~ 6 adhesive plastic strip sterile bandages (Mary says generic brands don't work well)
- ~ \$1.00 for purchase of toothpaste (bought in bulk to insure expiration dates are good)
- ~ \$1.00 in envelope to defray shipping cost

Kits must contain nothing other than requested items!

If you don't have time to put together a kit, cash toward a kit, will also be a great way to help. Kits may be left at the church office.

Thank you!